

(From Academic Year 2012-13 & onwards)

Syllabus for MD/MS (Ayurved) Preliminary Examination

15. KAUMARBHRITYA - BALA ROGA (Pediatrics)

PAPER-II

THEORY- 100 marks

PART-A

50 marks

- **01** Development of Kaumarbhritya tantra including ancient and modern literature. Strength of Ayurveda specific to child health care.
- 02 Vayobheda (Classification of age) according to different classics
- **03** Anatomical and physiological differences in child compared to adult.
- **04** Ayurvedic consideration of physiology and pathology of Dosha, Dhatu, Mala, Oja, Agni, Prakriti (sharirika-manasika), Kaya and Dhatuposhana in children.
- **05** Basic Concepts of growth and development, and its assessment.
- **06** Ayurvedic and modern clinical methods of examination of healthy and diseased newborn and children.
- **07** Knowledge of modern diagnostic tools like clinical and laboratory investigations, X-ray, USG, MRI etc.
- **08** Fundamentals of Ayurvedic treatment for childhood disorders
- O9 Applied pharmacological considerations: Ayurvedic and modern concepts of drug doses, administration, distribution, metabolism, excretion, and other important factors of consideration.
- **10** National programs related to pediatrics.
- 11 Childhood Samskara
- **12** Principles of Child Psychology (Ayurvedic & modern concepts)

PART-B

50 marks

- **01** Concept of Bala Rasayana and its application in physical and mental health of children.
- **02** Concept of Vyadhi-Kshamatva avam Vardhanopaya. Concept of immunity and immune enhancing measures including immunization.
- 03 Concept of Dhupana and Raksha karma and their clinical application in pediatric practice
- Basic concepts of single drugs commonly used in pediatric practice with special reference to their karma like- Guduchi, Yastimadhu, Mandukaparni, Shankhapushpi, Ativisha, Pippali, Maricha, Shunti, Haritaki, Amalaki, Tulasi, Bhumyamalaki, Daruharidra, Haridra, Vidanga, Katuki, Dadima, Brahmi, Ashvagandha, Shatavari, Bala, Kampillaka, Trivrita, Jyotishmati, Vacha, Jeevanti, Rasna, Shatavari, Anantamula (Krishna Sariva), Durva, Khadir, Tankana, Tambula, Jatamansi, Sphatika.
- **05** Knowledge of their ingredients, indications, precautions and specific considerations including adverse drug reactions (ADR) of commonly used Ayurvedic formulations in pediatric practice e.g. Aravindasava, Baalachaturbhadra Churna, Kumarakalyana Rasa, Saraswatarista,

Swarnaprashana (Kashyapa Samhita), Kumaryasava, Kushmanda Rasayana (Sharangdhar), Ashvagandha Rasayana (Ashtanga Hridaya), Brahmi Ghrita, Kalyanaka Ghrita, Talishadi Churna, Sitopaladi Churna, Haridra Khanda, Krimikuthara Rasa, Mugdha Rasa, Dantodbheda-Gadantaka Rasa, Rajanyadi Churna (Ashtanga Hridaya), Samvardhana Ghrita, Ashta Mangal Ghrita.

- **06** Methods of preparation of various specific Kalpana (e.g. Lehya, Syrup, drops etc.) according to needs of children.
- **07** Common instruments and their application in new born care and general pediatric practice.
- **08** Specific considerations in research methods related to Pediatrics.
- **09** Regulatory laws related to child health management.

PRACTICAL

100 marks

Contents:

01 a) In-patient case history record -(25 Patient)

b) Child Health record - (50 Case)

- **02** Involvement in Outreach and National programs:
 - 1. School Child health checkup
 - 2. Adolescent education
 - 3. Adolescent counseling etc
- **03** Pediatric ward/nursery management.

Distribution of marks (Practical):

01	a) Case History Record - (25 Patient)	- 10 Marks
	b) Child Health record - (50 Case)	- 10 Marks
02	Bedside clinical case taking	
	Long Case	- 20 Marks
	Short Case	- 10 Marks
03	Procedures/ Kriya Kalpa	-15 Marks
04	Identification of instruments & Spotting	-15 Marks
05	Viva voce	-20 Marks

Format of Question Paper

PART -A

Q. No.	Nature of Questions	Division of Marks	Total Marks		
1	L.A.Q.	15x2	30 Marks		
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks		
		Total	50 Marks		
DART R					

PART-B

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

REFERENCE BOOKS:

- 1 Kashyapa Samhita Complete Hindi translation by Satyapal Vidhyalankara English translation by Prof. Premvati Tiwari
- 2 Principles & practice of Pediatrics in Ayurveda: CHS Shastry
- 3 Child Health Care in Ayurveda: Abhimanyu Kumar
- 4 Ayurvedic Concepts of human Embryology: Abhimanyu Kumar
- 5 Kaumarbhritya by Prof. D.N. Mishra
- 6 Kaumarbhritya Ke Antargata Balgraho Ka Kramika Evam Vaigyanika Adhyana by Prof. Chanchal Sharma
- 7 Notes on Kaumarbhritya-by Dr. Dinesh K S
- 8 Pran Pratyagamanam-by Dr. B.M. Singh
- 9 Ayurveda Dwara Matra Evam Shishu Paricharya by Dr. KS Patel, V.K. Kori & Rajgopal S.
- 10 Kaumarbhritya related references from Charaka Samhita, Sushruta Samhita Vagbhata etc.

- 11 Clinical Methods in Paediatrics by Meharban Singh
- 12 Pediatrics Emergencies by Meharban Singh
- 13 Essential Pediatrics O.P. Ghai
- 14 Text Book of Pediatrics Nelson
- 15 Care of New Born by Meharban Singh



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10.KAYACHIKITSA (General Medicine)

PAPER-II

THEORY- 100 marks

PART-A

50 marks

- Understanding of fundamental concepts of Kayachikitsa like Vriddhi and Kshaya of Dosha, Dushya, Mala with Amshaamsha Kalpana. Srotodushti, Khavaigunya, Agni, Ama (Saama and Nirama Dosha, Dhatu & Mala). Aavarana, Rogamarga, Ashayapakarsha, Dosha Gati, Kriyakala. Aushadha Sevana Kala, Anupana, Pathya-Apathya and their scientific relevance during health and disease.
- 02 Detailed knowledge of Rogi Roga Pariksha including detailed history taking and systemic examination of patient. Clinical implementation of Dwividha Pariksha, Trividha Pariksha, Chaturvidha Pariksha, Panchavidha Pariksha, Shadvidha Pariksha, Ashtavidha Pariksha, Dashvidha Parikshya Bhavas and Prakrityadi Dashvidha Pariksha.
- **03** Principles of Kayachikitsa in disease management including Shodhana, Shamana and Naimittika Rasayana.
- **04** Introduction of the basic principles of Modern medicine, Homeopathy, Unani, Siddha, Tibetan Medicine, Yoga and Naturopathy and their relevance in light of the basic principles of Ayurvedic medicine.

PART-B

50 marks

- **01** Chikitsa Siddhanta of Pranavaha, Annavaha, Udakavaha, Rasadi Dhatuvaha, Malavaha & Manovaha Srotovikara.
- **02** Emergency medicine: Acute Severe Asthma, pulmonary oedema, myocardial infarction, cerebro-vascular accidents, water and electrolyte imbalance, haemorrhage, syncope, seizure, coma, hyperpyrexia, hypertensive encephalopathy.
- **03** Knowledge of conducting various medical procedures like infusions, tapping, lumbar puncture, Ryle's tube insertion, catheterization, tractions, water seal drainage, Cardio Pulmonary Ressucitation.
- **04** Basic knowledge of underlying principles of ECG, TMT, echo cardiography, vascular doppler studies, EEG, EMG, X-Ray, USG, CT scan, MRI, PET and their interpretation.
- **05** Knowledge of common Ayurvedic formulations and preparations used in treatment: **Churna** Triphala, Sitopaladi, Lavanbhaskara, Hingvashtaka, Avipattikara, Gangadhara, Shaddharana, Sudarshana, Panchasakara, Ajmodadi.

Kashaya- Dashamula, Rasnasaptaka, Asanadi, Pathyadi, Phalatrikadi,

Punarnavashtaka, Gojivhadi, Mahamanjishthadi, Drakshadi Kashaya.

Asavas-Arista- Amritarishta, Kanakasava, Chitrakasava, Saraswatarishta, Ashwagandharishta, Chandanasava

Vati- Sanjivani, Chandraprabha, Agnitundi, Chitrakadi, Khadiradi, Vyoshadi, Shankha Vati, Shiva Gutika. Guggula-Kalpana-Triphalaguggula, Kaishoraguggula, Trayodashangaguggula, Simhanadaguggula, Yogarajaguggula, Gokshuradi guggula, Kanchanaraguggula

Rasaushadhi- Tribhuvanakirti Rasa, Arogyavardhini Rasa, Shwasakuthara Rasa, Rasamanikya Rasa, Smritisagara Rasa, Lakshmivilasa Rasa, Sutshekhara Rasa, Pravala Panchamrita Parpati, Hemagarbhapottali Rasa.

Taila- Mahanarayana Taila, Pindataila, Prasarinyadi Taila, Ksheerabala Taila, Brihat Saindhavadi Taila, Panchaguna Taila, Amritadi Taila, Marichyadi Taila, Mahamasha Taila.

Ghrita- Mahatriphaladi Ghrita, Brahmi Ghrita, Panchtikta Guggulu Ghrita, Sukumara Ghrita, Dadimadya Ghrita, Kantakari Ghrita, Kalyanaka Ghrita. Lehya- Chyavanaprasha Avaleha, Kushmanda Avaleha, Ashwagandha Avaleha, Agastya Hareetaki Rasayana, Drakshavaleha, Vasavaleha, Amrita-Bhallataka Rasayana.

<u>PRACTICAL</u>

100 marks

Contents:

- **01** Daily hospital duties in OPD, IPD and casualty
- **02** Bed-side case taking 25 patients

Distribution of marks (Practical):

01	Case records of 25 Patients in detail	- 20 Marks
02	Bedside clinical case taking-	
	a) Long case	- 20 Marks
	b) Short case	-10 Marks
03	Medical procedures/laboratory work	-15 Marks
04	Instruments and spotting	-15 Marks
05	Viva voce	-20 Marks

Format of Question Paper

PART -A

Q. No.	Nature of Questions	Division of Marks	Total Marks	
1	L.A.Q.	15x2	30 Marks	
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks	
		Total	50 Marks	
PART-B				

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

REFERENCE BOOKS:

1 2 3 4	Charak Samhita Sushrut Samhita Ashtang Samgraha Ashtang Hridaya	- - -	Cakrapanidutta commentry with all available Commentaries. Indu commentary Arundutta and Hemadri Commentry
5	Cikitsadarsha	-	Pandit Rajesvardutta Shastri
6	Kayachikitsa	-	Ramaraksha Pathak
7	Rog Pariksha Vidhi	-	Priyavrat Sharma
8	Panchakarma Vigyan	-	Haridas Sridhar Kasture
9	Ayurved Nidan Chikitsa Siddhanta	-	Prof. R.H.Singh
10	Kayachikitsa Vol. I-IV.	-	Prof. Ajay Kumar
11	Davidson's Principles and Practice of	-	
	Medicine.		
12	API Text Book of Medicine.	-	
13	Harrison's Text Bok of Medicine.	-	
14	Harrison's Text Bok of Medicine.	-	
15	Cecil Text Book of Medicine.	-	
16	Relevant texts of concerned subjects.	-	



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13.PANCHKARMA (Five Therapeitic proedure)

PAPER-II

THEORY- 100 marks

PART-A

50 marks

- 01 Chikitsa and its classifications; Antah-Parimarjana and Bahir-Parimarjana Chikitsa
- **02** Principles of Chikitsa, Kriyakal, Shadvidha and Dvividha Upakrama and role of Panchakarma therein.
- 03 Applied aspects of Trividha, Shadvidha, Ashta Vidha and Dasha Vidha Pariksha.
- O4 Applied anatomy and physiology of cortex, cranial and peripheral nerves. Methods of physical examinations of central nervous system: sensory system, motor examination-muscle power and tone, superficial and deep reflexes, difference of upper and lower motor neuron lesions. Tremors and coordination.
- Punctions of various single muscles and groups of muscles, applied anatomy and physiology of joints. Methods of examination of locomotor system. Differential diagnosis of Amavata (rheumatoid arthritis), Vatarakta (gout) and Sandhivata (osteoarthritis). Examination of lumbar and cervical disorders including Gridhrasi (sciatica) and Vishvachi (Brachial neuralgia).
- **06** Applied anatomy and physiology of cardiovascular and respiratory systems, functions of capillaries and its permeability. Methods of examination of respiratory and cardiovascular system. Interpretation of spirometry and ECG findings.
- **07** Knowledge and method of examination of various skin lesions.

08 Applied anatomy of stomach, small intestine and large intestine. Detailed examination of gastro-intestinal system.

PART-B

50 marks

- 01 Definition of Karma. Trividha Karma for Shodhana
- **02** Importance of Panchakarma in health and disease.
- 03 Indications and contraindications for Shodhana. Applied aspects of Koshtha and Agni.
- **04** Importance of Purva and Pashchata Karma in Shodhana. Parihara Vishaya for Panchakarma.
- **05** Samsarjana Krama. General knowledge of various Aushadha and Ahara Kalpana used for Panchakarma.
- **06** Areas of research in Panchkarma.
- **07** Knowledge of equipments and instruments used in Panchkarma in ancient times and the possible modifications therein now.
- 68 Knowledge of quality standards of NABH (National Accreditation Board of Hospitals) for Ayurveda, guidelines for establishment and management of eco-friendly Panchkarma theatre including management of biomedical waste.

PRACTICAL

100 marks

Contents

- **01** Duty in Panchakarma ward and theatre.
- **02** Performance of 5 Cases each of Snehana, Svedana, Vamana, Virechana, Basti and Nasya with maintaining of detailed record.
- 03 Record of detailed examination of 25 patients treated with Panchakarma and effects observed thereon.

Distribution of marks (Practical):

01	Case records of 25 patients in detail	- 20 Marks
02	Performance of long Karma	- 20 Marks
03	Performance of short Karma	-10 Marks
04	Panchakarmal procedures	-15 Marks
05	Instruments and spotting	-15 Marks
06	Viva voce	-20 Marks

Format of Question Paper

PART -A

Q. No.	Nature of Questions	Division of Marks	Total Marks	
1	L.A.Q.	15x2	30 Marks	
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks	
		Total	50 Marks	
PART-B				

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

REFERENCE BOOKS:

- 1 Charak Samhita with commentary of Ayurved Dipika by Chakrapanidatta and Jalpakalpa taruby Gangadhara
- 2 Sushrutha Samhita with the Nibhandha Samgraha commentary of Dalhana and Nyayachandrika panjika of Gayadasa on nidansthana
- 3 Ashtang Hridaya with Sarvanga sundara and Ayurved rasayana commentaries
- 4 Ashtanga Sangraha with Shashilekha commentery
- 5 Bhela Samhita
- 6 Kashyapa Samhita
- 7 Bhavaprakasha of Bhavamishra

8 9 10 11	Sharangadhara Samhita Vangasen Gadanigraha Ayurvediya Panchkarma chikitsa	_	Dr Mukundilal Dwivedi
12	Panchkarma Vigyan	-	Dr Haridas Shreedhar Kasture
13	Illustrated Panchkarma	-	Dr.G Srinivasa Acharya
14	Ayurveda-Principles and Practice of Panchakarma	-	Dr. Mandip and Dr Gurdip Singh
15	The Panchkarma Treatment of Ayurved with Kerala Specialities	-	Dr. T.L. Devaraj
16	Panchkarma Therapy	-	Dr. R.H. Singh
17	Principles and practice of vasti	-	Dr. Vasudevan Nampoothiri and Dr. L. Mahadevan
18	Claiton's Physiotherapy	-	DI. L. Manauevan
19	Teddy's Physiotherapy	-	
20	Harrison's Principles of Inernal Medicines	-	
21	Guyton's Physiology	-	



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14. PRASUTI AVUM STRI ROGA (Gynecology & obstetrics)

PAPER-II

THEORY- 100 marks

PART-A

50 marks

- **01** Concept of Tridosha, Dhatu, Upadhatu, Agni, Pancha Mahabhuta in relation to Prasuti and Stri Roga.
- **02** Concept of Artava and Shukra.
- **03** Concept of Rasa, Guna, Veerya, Vipak and Karma of Dravya used in Prasuti and Stri Roga.
- **04** Action and adverse drug reaction related to commonly used plants and Rasa Aushadhi in Prasuti and Stri Roga.
- **05** Concept of Pathya- Apathya in relation to Prasuti and Stri Roga.
- 06 Concept of Garbhadhan and Garbha.
- 07 Concept of Vrana and Vrana dushti.
- **08** Concept of special therapies of Ayurved used in Prasuti and Stri Roga.
- **09** Concept of Ashtavidha Shastra Karma, Yantra & shastra used in Prasuti and Stri Roga

PART-B

50 marks

- **01** Applied anatomy and physiology of genito-urinary system, abdomen, pelvis, pelvic floor, anterior abdominal wall, inguinal ligament, inguinal canal, vulva, rectum and anal canal.
- **02** Abnormal development, structure and function of female and male urogenital systems
- **03** Development, structure and function of placenta, umbilical cord and amniotic fluid.
- O4 Physiological and neuro-endocrinal changes during puberty, adolescence and menstruation.
- 105 Introduction of hormones related with gynaecology and obstetrics. Ovulation, fertilization, climacteric and menopause. Biophysical and biochemical changes in uterus and cervix during pregnancy and labour.
- **06** Pre-natal, Natal and Post natal counseling and examination.
- **07** Pharmacological study of drugs used in gynaecology and obstetrics
- **08** Knowledge of diagnostic techniques used in gynaecology and obstetrics.
- **09** Basic Knowledge of pathological and biochemical investigation used in gynaecology and obstetrics.
- **10** Ethics, law and Acts Related to gynaecology and obstetrics laws of abortion and adoption.

- 11 Knowledge of contraception and sterilization procedures.
- **12** Pre-operative and post operative care in gynaecology and obstetrics.

PRACTICAL

100 marks

Contents:

- 01 Hospital duties in OPD, IPD, labor room, OT and casualty
- **02** History taking and counseling 25 cases.
- **03** Labor cases observation/performing 10 cases
- **04** Knowledge of instruments required in gynaecology and obstetric practices
- **05** Ayurvedic diagnostic and therapeutic procedures.
- **06** Fluid therapy and blood transfusion
- **07** Contraception and sterilizations.
- **08** Pre-operative, operative and post operative procedures.

Distribution of marks (Practical):

01Case records of 25 patients in detail- 20 Marks02Bedside clinical case taking- 20 MarksLong Case- 20 MarksShort Case- 10 Marks

03 Procedures-15 Marks**04** Identification of instruments, X-ray etc & Spotting-15 Marks**05** Viva voce-20 Marks

Format of Question Paper

PART-A

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

PART-B

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

REFERENCE BOOKS:

- 1 Related matter from all tha samhitas and their commentaries.
- 2 Prasuti tantra evum stree roga by prof Tewari P V
- 3 Concepts of gynecology Dr Nirmala G Joshi.
- 4 Prasuti Tantra Prof. M. Dwivedi
- 5 Stree roga vigyan Dr VNK Usha
- 6 Navya prasuti Vigyan Dr Pooja Bharadwaja
- 7 Text book of gynaecology-Berek and Novak.
- 8 Text book of obstetrics- Williums
- 9 Text book of obstetrics- D C Dutta
- 10 Text book of gynaecology D C Dutta
- 11 Gabbe's normal and problem pregnancies.
- 12 Human embryology by Saddler.
- 13 Jeffcoat's principles of gynaecology
- 14 Te linde's gynaecological surgery.



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16.SHALYA TANTRA – SAMANYA (General Surgery)

PAPER-II

THEORY- 100 marks

PART-A

50 marks

- **01** Etymology and definition of Shalya Tantra.
- **02** Scope and importance of Shalya Tantra
- **03** Study of Sushruta Samhita Sutra Sthana.
- **04** Study of modern surgical clinical methodology.
- **05** Applied anatomy, physiology and surgical pathology of common surgical conditions including relevant Ayurvedic aspect.
- **06** Applicability of Shat Kriyakala in the pathogenesis of surgical diseases.
- **07** Applicability of Prakriti in understanding the causes and role of treatment in surgical diseases.
- **08** Applicability of basic principles of Ayurveda in Rogi Pariksha (Trividha, Shadvidha, Ashtavidha and Dashavidha Pariksha) and latest investigations.
- 09 Concept of Rakta according to Sushruta.
- 10 Introduction of clinical and diagnostic methods in Shalya Tantra X-rays, U.S.G., Endoscopies (for diagnostic and treatment purposes), MRI, CAT scanning and other recent diagnostic tools.
- 11 Concept and applicability of Sadhya-Asadhya (Prognosis) Arishtha lakshana.
- **12** Knowledge of life saving drugs.
- **13** Emergency conditions and its management
- 14 Diagnosis and management of Pranashtha Shalya.

PART-B

50 marks

- **01** Yantra and Shastra Surgical Instruments Ancient and recent advances.
- **02** Sterilization methods and types.
- **03** Basic knowledge of Sangyaharan Anaesthesia Types, methods, indications, contraindications, complications and its management.
- **04** Concept of Trividha Karma Purva, Pradhana and Pashchat.
- **05** Ashtavidha Shastra Karmas.
- **06** Bandhana Karma Ancient and recent advances.
- **07** Kshara Karma Introduction, types, method of various preparations like Kshara, Kshara Varti, Kshara Pichu and applications.
- **08** Kshara Sutra Method of preparation, standardization and applications
- **09** Agnikarma Introduction, types and applications.
- **10** Raktamokshana Introduction, types and applications.
- **11** Application of Panchakarma therapy in surgical practice.
- **12** Scope of Pathya-Apathya in the management of surgical diseases.

PRACTICAL

100 marks

Contents:

- **01** Hospital duties in OPD, IPD, OT and casualty
- **02** Case record 25 cases
- **03** Surgical cases observation/performing- 10 cases
- **04** Knowledge of instruments required in surgical practices.
- **05** Ayurvedic diagnostic and therapeutic procedures.
- **06** Fluid therapy and blood transfusion.
- **07** Contraception and sterilizations.
- **08** Pre-operative, operative and post operative procedures.

Distribution of marks (Practical):

01	Case Record	-20 Marks
02	Bedside clinical case taking-	
	a) Long Case	- 20 Marks
	b) Short Case	- 10 Marks
	c) Kriya kalpa procedure	-15 Marks
03	Medical procedures	-15 Marks
04	Viva voce	-20 Marks

Format of Question Paper

PART -A

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

PART-B

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

REFERENCE BOOKS:

EFER	ENCE BOOKS:		
01	Sushruta Samhita	-	
02	Ashtanga Sangraha	-	
03	Ashtanga Hridaya	-	
04	Charaka Samhita	-	
05	The Surgical instruments of the Hindus	-	Girindranath Mukhopadhyaya
06	Shalya Tantra Samuchchaya	-	Pandit Ramadesh Sharma
07	Shalya Vigyan (Part 1-2)	-	Dr. Surendra Kumar Sharma
80	Shalya Samanvaya (Part 1-2)	-	Vd. Anantaram Sharma
09	Shalya Pradeepika	-	Dr. Mukund Swaroop Verma
10	Soushruti	-	Dr. Ram Nath Dwivedi
11	Clinical Shalya Vigyan	-	Dr. Akhilanand Sharma
12	Bhagna Chikitsa	-	Dr. Prabhakar Janardhan
			Deshpande
13	Kshara sutra management in anorectal	-	Dr. S.K. Sharma, Dr.
	ailments		K.R.Sharma and Dr. Kulwant
			Singh.
14	Anorectal diseases in Ayurveda	-	Dr. Sizoria and Dr. Praveen
			Kumar Chowdary.
15	Adhunika Shalya Chikitsa Siddanta	-	Dr. Katil Narshingham Udupa
16	Agnikarma Technology Innovation	-	Dr. P.D. Gupta
17	Shalya Tantra Ke Siddhant	-	Dr. K.K.Takral

18	Recent advances in the management of Arshas /Haemorrhoids	-	Dr. P. Hemantha Kumar
19	Arsha Evum Bhagander Mein sutra Avachara	-	Vd. Kanak Prasad Vyas
20	Recent advances in Kshara Sutra	_	Dr. M. Bhaskar Rao
21	Leech application in Ayurveda	_	Dr. M. Bhaskar Rao
22	Kshara Sutra	_	Dr. S.N.Pathak
23	Shalya Shalakya Tantra	_	Vd. S.G. Joshi
24	Surgical ethics of Ayurveda	_	Dr. D.N. Pande
25	Text book of Surgery	_	Sabistan
26	Operative Surgery	_	Rob and smith
27	Bailey and Love's Short Practice of Surge	_	Norman.S. Williams, Charles.V.
21	balley and Love's Short Fractice of Surge	-	Mann and R.C.G. Russell
28	Fractures and Joint Injuries	-	Watson-Jones
29	Text books of Operative Surgery	-	Farquharsons'
30	Principles of Surgery	-	Schwartz
31	Emergency Surgery	-	Hamilton Bailey's
32	Surgical pathology	-	Willing Worth
33	Clinical methods in surgery	-	S. Das
34	Textbook of Operative Surgery	-	S. Das
35	Shalya Vigyan (Sachitra)	-	Anantram Sharma
36	Anushastra Karma	-	Dr. D.N. Pande
37	Concept of Vrana is Ayurveda	-	Dr. Lakshman Singh
38	Significance for Poorva Karma in Surgical Patient	-	Dr. Lakshman Singh
39	Sangyaharan Prakash	_	Dr. D.N. Pande
40	A concise Text Book of Surgery	_	S. Das
41	A manual on Clinical Surgery		S. Das
42	A System of Surgical Diagnosis		T.N. Patel
43	A Practical Guide to Operative Surgery		S. Das
44	Drugs and Equipment for Anaesthesia	_	Arun kumar
45	Manual of Surgical Instruments	_	M.M. Kapur
46	Ward Procedures	_	Patel Mansukh. B
47	Recent trends in the management of	_	Dr. P. Hemantha Kumar
71	Arshas / Haemorrhoids	_	DI. I . Hemantha Rumai
48	Primary Anaesthesia	-	Maurice King
49	Synopsis of Anaesthesia	-	Lee
50	Clinical Anatomy/ Surgical Anatomy	-	John E.Skandalakis
51	Surgical Instruments of the Hindus	-	Girindharnath Mukopadyay
52	Outline of Orthopedics	-	John Crawford Adams and
			David Hamblen. L
53	Outline of Fracture	-	John Crawford Adams
54	Recent trends in the management of	-	Dr. P. Hemantha Kumar
	Bhagandara / Fistula-in-ano		
55	Principles and Practice of Agnikarma	-	Dr. Anand Kumar and Dr.
	-		Kanchan Shekokar.

- Dr. Rajgopal Shenoy

56 Manipal Manual of Surgery

M.D./M.S.-AYURVEDA PRELIMINARY PAPER-I RESEARCH METHODOLOGY AND MEDICAL STATISTICS PART-A RESEARCH METHODOLOGY

1 Introduction to Research

Definition of the term research Definition of the term anusandhan Need of research in the field of Ayurveda

2 General guidelines and steps in the research process

Selection of the research problem

Literature review: different methods (including computer database) with their advantages and limitations Defining research problem and formulation of hypothesis

Defining general and specific objectives

Research design: observational and interventional, descriptive and analytical, preclinical and clinical, qualitative and quantitative

Sample design

Collection of the data

Analysis of data.

Generalization and interpretation, evaluation and assessment of hypothesis.

Ethical aspects related to human and animal experimentation.

Information about Institutional Ethics Committee (IEC) and Animal Ethics Committee (AEC) and their functions. Procedure to obtain clearance from respective committees, including filling up of the consent forms and information sheets and publication ethics.

3 Preparation of research proposals in different disciplines for submission to funding agencies taking EMR-AYUSH scheme as a model.

4. Scientific writing and publication skills.

Familiarization with publication guidelines- Journal specific and CONSORT guidelines.

Different types of referencing and bibliography.

Thesis/Dissertation: contents and structure

Research articles structuring: Introduction, Methods, Results and Discussions (IMRAD)

5 Classical Methods of Research.

Concept of Pratyakshadi Pramana Pariksha, their types and application for Research in Ayurveda.

Dravya-, Guna-, Karma-Parikshana Paddhati

Aushadhi-yog Parikshana Paddhati

Swastha, Atura Pariksha Paddhati

Dashvidha Parikshya Bhava

Tadvidya sambhasha, vadmarga and tantrayukti

6 Comparison between methods of research in Ayurveda (Pratigya, Hetu, Udaharana, Upanaya, Nigaman) and contemporary methods in health sciences.

7. Different fields of Research in Ayurveda

Fundamental research on concepts of Ayurveda

Panchamahabhuta and tridosha.

Concepts of rasa, guna, virya, vipak, prabhav and karma

Concept of prakriti-saradi bhava, ojas, srotas, agni, aam and koshtha.

8. Literary Research-

Introduction to manuscriptology: Definition and scope. Collection, conservation, cataloguing.

Data mining techniques, searching methods for new literature; search of new concepts in the available literature. Methods for searching internal and external evidences about authors, concepts and development of particular body of knowledge.

9. Drug Research (Laboratory-based)- Basic knowledge of the following:

Drug sources: plant, animal and mineral. Methods of drug identification.

Quality control and standardization aspects: Basic knowledge of Pharmacopoeial standards and parameters as set by Ayurvedic Pharmacopoeia of India.

Information on WHO guidelines for standardization of herbal preparations. Good Manufacturing Practices (GMP) and Good Laboratory Practices (GLP).

10. Safety aspects: Protocols for assessing acute, sub-acute and chronic toxicity studies. Familiarization with AYUSH guidelines (Rule 170), CDCSO and OECD guidelines.

11. Introduction to latest Trends in Drug Discovery and Drug Development

- -Brief information on the traditional drug discovery process
- -Brief information on the latest trends in the Drug Discovery process through employment of rational approach techniques; anti-sense approach, use of micro and macro-arrays, cell culture based assays, use of concepts of systems biology and network physiology
- -Brief introduction to the process of Drug development

12. Clinical research:

Introduction to Clinical Research Methodology identifying the priority areas of Ayurveda

Basic knowledge of the following:-

Observational and Interventional studies

Descriptive & Analytical studies

Longitudinal & Cross sectional studies

Prospective & Retrospectives studies

Cohort studies

Randomized Controlled Trials (RCT) & their types

Single-case design, case control studies, ethnographic studies, black box design, cross-over design, factorial design.

Errors and bias in research.

New concepts in clinical trial- Adaptive clinical trials/ Good clinical practices (GCP)

Phases of Clinical studies: 0,1,2,3, and 4.

Survey studies -

Methodology, types, utility and analysis of Qualitative Research methods. Concepts of in-depth interview and Focus Group Discussion.

- **13**. Pharmacovigilance for ASU drugs. Need, scope and aims & objectives. National Pharmacovigilance Programme for ASU drugs.
- **14**. Introduction to bioinformatics, scope of bioinformatics, role of computers in biology. Introduction to Data base- Pub med, Medlar and Scopus. Accession of databases.
- **15**. Intellectual Property Rights- Different aspect and steps in patenting. Information on Traditional Knowledge Digital Library (TKDL).

PART-B 40 marks

MEDICAL STATISTICS

PG 1st Year Syallabus-3

Teaching hours: 80

- 1 **Definition of Statistics :** Concepts, relevance and general applications of Biostatistics in Ayurveda
- 2 Collection, classification, presentation, analysis and interpretation of data (Definition, utility and methods)
- Scales of Measurements nominal, ordinal, interval and ratio scales.
 Types of variables Continuous, discrete, dependent and independent variables.
 Type of series Simple, Continuous and Discrete
- 4 **Measures of Central tendency** Mean, Median and Mode.
- 5 **Variability:** Types and measures of variability Range, Quartile deviation, Percentile, Mean deviation and Standard deviation
- 6 **Probability**: Definitions, types and laws of probability,
- Normal distribution: Concept and Properties, Sampling distribution, Standard Error, Confidence Interval and its application in interpretation of results and normal probability curve.
- 8 Fundamentals of testing of hypotheses:

Null and alternate hypotheses, type I and type 2 errors.

Tests of significance: Parametric and Non-Parametric tests, level of significance and power of the test, 'P' value and its interpretation, statistical significance and clinical significance

9 Univariate analysis of categorical data:

Confidence interval of incidence and prevalence, Odds ratio, relative risk and Risk difference, and their confidence intervals

- 10 **Parametric tests:** 'Z' test, Student's 't' test: paired and unpaired, 'F' test, Analysis of variance (ANOVA) test, repeated measures analysis of variance
- Non parametric methods: Chi-square test, Fisher's exact test, McNemar's test, Wilcoxon test, Mann-Whitney U test, Kruskall Wallis with relevant post hoc tests (Dunn)
- 12 Correlation and regression analysis:

Concept, properties, computation and applications of correlation, Simple linear correlation, Karl Pearson's correlation co-efficient, Spearman's rank correlation.

Regression- simple and multiple.

13 Sampling and Sample size computation for Ayurvedic research:

Population and sample. Advantages of sampling, Random (Probability) and non random (Non-probability) sampling. Merits of random sampling. Random sampling methods- simple random, stratified, systematic, cluster and multiphase sampling. Concept, logic and requirement of sample size computation, computation of sample size for comparing two means, two proportions, estimating mean and proportions.

- 14 **Vital statistics and Demography**: computation and applications Rate, Ratio, Proportion, Mortality and fertility rates, Attack rate and hospital-related statistics
- 15 Familiarization with the use of Statistical software like SPSS/Graph Pad

PRACTICAL 100 marks

I. RESEARCH METHODOLOGY

Teaching hours 120

PG 1st Year Syallabus-4

PRACTICAL NAME

1 Pharmaceutical Chemistry

Familiarization and demonstration of common lab instruments for carrying out analysis as per API

2 Awareness of Chromatographic Techniques

Demonstration or Video clips of following:

Thin-layer chromatography (TLC).

Column chromatography (CC).

Flash chromatography (FC)

High-performance thin-layer chromatography (HPTLC)

High Performance (Pressure) Liquid Chromatography (HPLC)

Gas Chromatography (GC, GLC)

4 Pharmacognosy

Familiarization and Demonstration of different techniques related to:-

Drug administration techniques- oral and parenteral.

Blood collection by orbital plexuses puncturing.

Techniques of anesthesia and euthanasia.

Information about different types of laboratory animals used in experimental research

Drug identification as per API including organoleptic evaluation

5 Pharmacology and toxicology

Familiarization and demonstration of techniques related to pharmacology and toxicology

6 **Biochemistry (Clinical)**

Familiarization and demonstration of techniques related to basic instruments used in a clinical biochemistry laboratory – semi and fully automated clinical analyzers, electrolyte analyzer, ELISA-techniques, nephelometry.

Demonstration of blood sugar estimation, lipid profiles, kidney function test, liver function test.

HbA1, cystatin and microalbumin estimation by nephelometry or other suitable techniques.

Interpretation of the results obtained in the light of the data on normal values.

7 Clinical Pathology

Familiarization and demonstration of techniques related to basic and advanced instruments used in a basic clinical

pathology lab. Auto cell counter, urine analyzer, ESR, microscopic examination of urine.

8 Imaging Sciences

Familiarization and demonstration of techniques related to the imaging techniques.

Video film demonstration of CT-Scan, MRI-scan and PET-scan.

9 Clinical protocol development

II. MEDICAL STATISTICS

Practical hours:20

Statistical exercise of examples from Topic number 4, 5, 8-12, 14, 15.

Records to be prepared.

Distribution of marks (practical):

Instrumental spotting test - 20 marks
Clinical protocol writing exercise on a given problem - 20 marks

Records:

Research methodology -10 Mark
Medical statistics -10 marks
Viva- Voce -40 Marks

REFERENCE BOOKS:-

Pharmacognosy:

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Drug Survey by Mayaram Uniyal

Fahn A (1981). Plant Anatomy 3rd Edition Pergamon Press, Oxford

Kokate, CK., Purohit, AP, Gokhale, SB (2010). Pharmacognosy. Nirali Prakashan. Pune.

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PG 1st Year Syallabus-6

Pharmaceutical chemistry, quality control and drug standardization:

Ayurvedic Pharmacopoeia of India. Part I- volume 1 to 8 and Part II- volume 1 to 3. Ministry of Health and Family Welfare. Controller of Publication. Govt of India. New Delhi.

Brain, KR and Turner, TD. (1975). The Practical Evaluation Phytopharmaceuticals. Wright Scienctechnica, Bristol.

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HPTLC- Fingerprint atlas of Ayurvedic Single Plant Drugs mentioned in Ayurvedic Pharmacopoeia Vol- III and IV. CENTRAL

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Biochemistry and Laboratory techniques:

Asokan P. (2003) Analytical Biochemistry, China publications,

Campbell, P.N and A.D. Smith, Biochemistry Illustrated, 4th ed, Churchill Livingstone.

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Research methodology:

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- 14- Ravindran R.: X-Pharm (Software), Indian Journal of Pharmacology, JIPMER, Pondicherry.

PG 1st Year Syallabus-8

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PG 1st Year Syallabus-9

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(From Academic Year 2012-13 & onwards)

Syllabus for MD/MS (Ayurved) Preliminary Examination

21. SHALAKYA- DANTA AVUM MUKHA ROGA (Dentistry and Oral Disease)

PAPER-II

THEORY- 100 marks

PART-A

50 marks

- **01** Shalakya Tantra Parichaya, Itihas avum Pradhanyam
- 02 Mukhasharir.
- **03** Study of Dosha, Dhatu, Mala and Srotas in context to Danta and Mukha Roga.
- **04** Agropaharaniya in Danta and Mukha Roga incorporating sterilization, Sangyaharana and diagnostic and therapeutic pharmacological agents.
- **05** Vrana Siddhanta-Trividha Shopha, Shuddha-Dushta Vrana, Vrana Bandha and Vranitopasana in relation to Danta and Mukha Roga.
- **06** Swasthavritta related to Danta and Mukha Roga.
- **07** Chaturvidha Chikitsopaya (Bheshaja-Shastra-Kshara-Agni) Siddhanta and Raktamokshana related to Danta and Mukha Roga.
- **08** Applied knowledge of various Kriyakalpa and other therapeutic procedures related to Danta and Mukha Roga.
- 09 Role of Panchkarma in Danta and Mukha Roga.
- **10** Mukha and Danta Chikitsopayogi Aushadha Kalpana Parijnanam e.g. Dashana Samskara Manjana, Shwetamanjana, Vajradanta Manjana, Khadiradi Vati, Irimedadi Taila, Peetaka Churna, Kalaka Churna, Nimbadi Churna and Bhadramustadi Vati.

PART-B

50 marks

- **01** Applied orodental anatomy and physiology.
- **02** Clinical methods adopted in orodental practices.
- **03** Knowledge of advanced diagnostic techniques, equipments and tests of importance in orodental practices with their interpretations.
- **04** Classification, aetiopathogenesis, clinical features and therapeutics of Oshtha, Danta, Dantamula, Jihva, Talu and Sarvasar Mukharogas in the light of modern knowledge.
- **05** Basics of Sandhana Vidhi in Mukha and Danta Roga.
- **06** Applied aspect of Dysphagia, Manyastambha, Hanumoksha, Apachi (Cervical Lymphadenopathy) and Herpes.
- **07** Handling of biomedical waste.

1

PRACTICAL

100 marks

Contents:

- 01 Clinical posting in OPD/IPD/Kriyakalpa Kaksha & OT
- **02** Clinical case presentation (10 cases)
- 03 Case record (20 cases)
- 04 Hands on training in Kriyakalpa

Distribution of marks (Practical):

01	Case Record	-20 Marks
02	Bed side examination	
	a) Long Case	- 20 Marks
	b) Short Case	- 10 Marks
	c) Kriya kalpa procedure	-15 Marks
03	Identification of specimens, radiograph and instruments	-15 Marks
04	Viva voce	-20 Marks

Format of Question Paper

PART-A

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

PART-B

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

REFERENCE BOOKS

FERE	ENCE BOOKS:		
01	Sushrut Samhita	-	Dalhana
02	Useful Portion of Charak Samhita-Ashtang	-	Ashtang Hridaya
	Samgraha		
03	Useful portion of Laghutrayi related to Danta	-	
	and Mukha Roga		
04	Shalakya Vijnanam	-	Ravindra Chandra
			Chaudhary
05	Nimi Tantra	-	Ramanath Dwivedi
06	Dental Anatomy Histology	-	Dr. S.I. Bhalajhi
07	Essentials of Preventive and Community	-	Dr. Soben Peter
	Dentistry		
80	Complete Denture Prosthodontics	-	Dr. J.J. Manappallil
09	Orthodontics the Art and Science	-	Dr. S.I. Bhalajhi
10	Text book of Pediatric Dentistry	-	Dr. B.R.R. Varma
11	Anatomy for Dental Students	-	Inderveer Singh
12	Clinical Periodontology	-	Carranza , Newman
13	Operative Dentistry	-	M A Marzouk
14	Oral and maxilofacial surgery secrets	-	A.Omar Abubaker
15	Killey and Kay's Outline of Oral Surgery	-	Girdon R Seward
16	Clinical Dentistry	-	Ivor G. Chestnut , John
			Gibson
17	Synopsis of Oral Pathology	-	S N Bhaskar
18	Oral Pathology	-	Stone



(From Academic Year 2012-13 & onwards)

Syllabus for MD/MS (Ayurved) Preliminary Examination

22. SHALAKYA- SHIRO-NASA- KARNA- AVUM KANTHA ROGA (ENT & HEAD & Neck Disease)

PAPER-II

THEORY- 100 marks

PART-A

50 marks

- **01** Shalakya Tantra Parichaya, Itihas and 'Pradhanya'. Establishment of 'superiority of Shiras' among all the organs. Determination and importance of the verse 'Nasa hi Shirso Dvaram'.
- **02** Shiro-Nasa- Karna- Avum Kantha Shariram and knowledge of related Marmas.
- **03** Study of Dosha- Dhatu-Mala and Srotas in context of Shiro-Nasa- Karna- Avum Kantha Chikitsa.
- **04** Agropaharaniya in Shiro-Nasa- Karna- Avum Kantha Chikitsa including sterilization and anesthesia
- **05** Basic pharmacology of common modern drugs used in diagnostic and therapeutic procedures related to Shiro-Nasa- Karna- Evum Kantha Chikitsa.
- **06** Basic pharmacology of common modern drugs used in diagnostic and therapeutic procedures related to Shiro-Nasa- Karna- Evum Kantha Chikitsa.
- **07** Swasthavritta related to Shiro-Nasa- Karna- Avum Kantha.
- **08** Chaturvidha Chikitsopaya (Bheshaja- Shastra-Kshar -Agni) and Raktamokshan related to Shiro-Nasa- Karna- Evum Kantha Chikitsa
- **09** Applied knowledge of various therapeutic modalities like Shirobasti, Shirodhara, Shirovirechana, Nasya, Karna Pooran, Karna Dhoopan, Kaval, Gandusha etc.
- 10 Role of Panchkarma in Shiro-Nasa- Karna- Avum Kantha Chikitsa.

PART-B

50 marks

- O1 Shiras- Applied anatomy and physiology of skull and intracranial contents. Clinical methods and knowledge of common diagnostic equipments, procedures and their interpretation. Classification, etiopathogenesis, clinical features, prognostic considerations and therapeutics of Shiras and Kapaal Rogas in the light of modern knowledge.
- **Nasa** Applied anatomy and physiology of nose and paranasal sinuses. Clinical methods and knowledge of common nasal diagnostic equipments, procedures and their interpretation. Classification, etiopathogenesis, clinical features, prognostic considerations and therapeutics of Nasa Rogas in the light of modern knowledge.
- **Karna-** Applied anatomy and Physiology of ear and related structures. Clinical methods and knowledge of common aural diagnostic equipments, procedures and their interpretation. Classification, etiopathogenesis, clinical features, prognostic considerations and therapeutics of Karna Rogas in the light of modern knowledge.
- **Q4 Kantha** Applied anatomy and physiology of throat. Clinical methods and knowledge of common pharyngeal and laryngeal diagnostic equipments, procedures and their interpretation. Classification, etiopathogenesis, clinical features, prognostic considerations and therapeutics of Kanthagata Rogas in the light of modern knowledge.

1

PRACTICAL

100 marks

Contents:

- 01 Clinical posting in OPD/IPD/Kriyakalpa Kaksha & OT
- **02** Clinical case presentation (10 cases)
- **03** Case record (20 cases)
- 04 Hands on training in Kriyakalpa

Distribution of marks (Practical):

01	Case Record	-20 Marks
02	Bed side examination	
	a) Long Case	- 20 Marks
	b) Short Case	- 10 Marks
	c) Kriya kalpa procedure	-15 Marks
03	Identification of specimens and instruments	-15 Marks
04	Viva voce	-20 Marks

Format of Question Paper

PART -A

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

PART-B

Q. No.	Nature of Questions	Division of Marks	Total Marks
1	L.A.Q.	15x2	30 Marks
2	S.A.Q. Attempt any 4 out of 5	5x4	20 Marks
		Total	50 Marks

REFERENCE BOOKS:

- 01 Sushrut Samhita
- 02 Charak Samhita
- 03 Ashtang Hridaya
- 04 Ashtang Samgraha
- 05 Laghutrayi
- 06 Modern books related to ENT disorder
- 07 Diseases of Nose Throat and Ear - Bhargav Shah
- 80 Diseases of Nose Throat and Ear, Head and Neck EB Edr.
- 09 A Textbook of otorhinololaryngology - Scott Browns editions
- 10 Text book of Ear Nose Throat diseases – Dhingra
- Textbook on ENT Mohd. Maqbool 11
- Logan Turner's book on ENT 12
- Ballengers text book of ENT 13
- 14 Kumin's text book of ENT
- 15 Rob Smith's book of ENT surgery
- 16 Paprella's book of ENT
- 17 Hazarika's text book on ENT
- 18 Books on examination of ENT
- 19 Audiology Anirwan Biswas
- 20 Kurt's Audiology
- Books on Speech therap 21